

TOOLBOX TALK for May 18th, 2026

Training:

Capenter's

Portland- Forklift, May 23 - Forklift, June 6 - Forklift, June 13 - First Aid, June 20th

Ontario- Fall Protection, June 6th - Forklift, June 27th

Starting the Week off Right:

Looking at our statistics from last year, we found that most incidents occurred before 10:00 a.m. on the first two days of the workweek. That raises an important question: how are we preparing ourselves to return to work on Monday?

Maybe we stayed up late or spent the weekend celebrating. Maybe we pushed ourselves hard with home projects, sports, or other activities. There's nothing wrong with enjoying the weekend, but we should also think about how those choices may affect us when we return to work.

Coming back tired, distracted, or unfocused can put both ourselves and our coworkers at risk.

Preparing for the week ahead is part of working safely. That could mean getting to bed a little earlier on Sunday night, eating better before the workweek starts, or taking extra time to stretch and warm up before the shift begins. Whatever helps us stay alert, focused, and ready to work safely is worth the effort.

Clear focus and positive energy can help create a safer Monday. When we arrive on time, properly prepared, and ready to give our best effort, we set ourselves up—and our team—for a more productive and safe day.

Safety Checklists:

There are now electronic checklists on www.fsstools.com. When you open fsstools.com, scroll down and open Checklists and Signs. Click on Checklists and you'll see checklists for: Aerial Lifts, Forklifts, Bench, Scaffold, Stilts, Vehicle, and MEWP. When these are filled out just hit submit and the results come automatically to your foreman and the safety department.

Safety Week Quiz:

Thirty two people entered the Safety Week Quiz and sixteen got 100%. Of those who got 100% we randomly drew their numbers and ended up with seven prize winners. There were some great prizes, including a Blackstone Grill that went to Bryan Woolverton. Congratulations to all the winners.

[Toolbox Talk Submission](#)