

TOOLBOX TALK for the week of February 5th, 2024

Eye Protection:

We work around dust, debris, metal, sharp objects, and chemicals every day. And as some of us know, it only takes a second to have something fly or drop into our eyes. Below are a few things we can do to minimize our exposure.

PPE

- Safety Glasses must always be worn at jobsites.
- Mesh Face shields must be worn over safety glasses while using chop saws or grinders.
- Clear Face shields or tightly sealed goggles must be worn when doing any task that will disturb monokote or overhead debris i.e., shooting wires, roto hammering.

Ways to Avoid Harm

- Make sure you have the right PPE for the task before proceeding.
- Do not work directly under overhead work that will disturb debris.
- Create a tight seal between your face shield/goggles and your hard hat while working overhead.
- When you stop overhead work, lean forward with your eyes closed to brush debris off your hard hat before taking it off.
- If you feel something in your eye, resist the temptation to rub your eye, and report to your foreman immediately.
- With the help of your foreman or partner, rinse your eye before you touch or rub it.
 - When flushing your eye, pull open your eyelid and tilt your head sideways, then flush from your nose down to allow debris to fall away from your eye.
- If you suspect the debris is metal, try using a magnet to remove the debris. Safety has magnets available.
- If you can't remove the irritant, cover your eye with a patch or gauze to keep yourself from blinking.
- The Safety Department will get you medical attention as soon as possible.

What's the wrong thing to do if you have debris in your eye?

When is the right time to wear safety glasses?

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