

## TOOLBOX TALK, January 5th, 2026

### Upcoming Training Opportunities

Check your training records at [fsstools.com](http://fsstools.com) under the *Training Records* tab to see what you need.

Sign up for classes, at the union training site or check schedules at [fsstools.com](http://fsstools.com).

### Safety Slogan

There's only a week left to turn in your safety slogan ideas. If yours is selected, you'll see it on T-shirts and banners soon. Submitting your ideas is easy, just open [www.fsstools.com](http://www.fsstools.com) and go the suggestion box, enter your ideas and hit submit. We'll capture everyone's ideas and present them to be voted on at our next Safety Committee meeting. The clock is ticking, so act now.

### Hand Injury Prevention

As we begin the new year, we'll be placing added emphasis on preventing hand injuries. Our hands are essential tools and protecting them should always be a priority. Below are some important tips to help keep them safe while working:

#### Stay Alert

- Keep hands clear of moving machinery.
- Be aware of pinch points, hot surfaces, and electrical hazards.

#### Use Proper Tools

- Use push sticks for saws, retractable knives, and ergonomic tools to keep hands at a safe distance from hazards.

#### Machine Guards and Handles

- Never remove machine guards or handles. (Grinders, Mixing drills, Drills, Roto hammers)
- Always use equipment as designed and intended.

#### Control Your Environment

- Remove hazards such as nails or splinters.
- Keep hands clean and dry—free of oil or grease.
- Ensure clear paths with good housekeeping.

#### Personal Protective Equipment (PPE)

- **Wear the Right Gloves:** Select gloves appropriate for the task (cut-resistant, chemical-resistant, or thermal) and ensure they fit properly.
- **Inspect Gloves:** Don't over wear gloves, check gloves for damage and replace them if they're worn out.

#### Ergonomics & Repetitive Tasks

- **Take Breaks:** Short, frequent breaks and stretching hands and wrists can help prevent strain.
- **Stretch:** Perform hand and finger exercises to improve flexibility and strength.
- **Vary Motion:** Change hand positions and alternate movements during repetitive tasks.

Safety is always a balance between getting the job done and staying aware of potential hazards. By following these tips, we can maintain that balance—and when we stay balanced, we're far more likely to stay safe.

### PTP winners for Q4

Our Q4 PTP winners are **Reymundo Ceja, Artemio Romero, and Jonathan Milani**. Each of these individuals consistently submitted thorough pre-task plans that clearly identified the work being performed, the associated hazards, and the measures used to mitigate those hazards. Effective pre-task planning is a critical part of maintaining a safe work environment. We appreciate the commitment and effort demonstrated by this quarter's winners.

### [Toolbox Talk Submission](#)