

TOOLBOX TALK, March 16, 2026

Remember the **20–20–20 Rule** - Every 20 minutes - Take 20 seconds - To look 20 feet around

- Focus on your personal safety bubble.

STOP • LOOK • ACT

Training

Portland Carpenters Union: March 21st - Construction Fall Protection - Forklift/Rough Terrain

Tangent Carpenters Union: March 20th - Forklift/Rough Terrain

Check schedules at fsstools.com.

Fall Protection Gear Inspections

Making sure our fall protection equipment is safe and ready to use is critical. If we use fall protection equipment that is unsafe, we're the ones most at risk if any part of the fall protection system fails.

Falls from height account for more than **30% of construction incidents**, which shows how important it is to confirm that every part of the system is safe and working properly. Taking a few minutes to inspect our gear can make a significant difference in keeping everyone safe.

To make inspections easier, all fall protection equipment should be stored in a **dedicated cage**, separate from other tools and equipment. Before using, workers will check out their gear and scan the **QR code located on the front of the cage** to access the inspection form.

The form will guide you through the inspection process and help ensure nothing is missed while checking your fall protection system. Once the inspection is complete, simply **submit the form** and the inspection will be recorded.

Grab your phone and scan the **QR code** to view the **Fall Protection Checklist**.



Safety should never be taken lightly. Inspecting your fall protection system is another important step in making sure everyone goes home safe.

Innovations and Safety Wins

We love hearing about innovative ideas and safety wins. If you've come up with an innovation that saves time or improves safety, or if you've experienced a safety win in the field, we want to hear about it. Share your ideas by submitting them at www.fsstools.com/suggestionbox.

[Toolbox Talk Submission](#)