

TOOLBOX TALK, March 23, 2026

Remember the **20–20–20 Rule** - Every 20 minutes - Take 20 seconds - To look 20 feet around

- Focus on your personal safety bubble.

STOP • LOOK • ACT

Training

There are no more trainings scheduled for March. April trainings will post soon.

Check schedules at fsstools.com.

What is an Accident?

- An unforeseen, unexpected, and undesirable event
- Something that occurs without intention—an involuntary action

What is Safety?

- Freedom from danger or harm

Most of us operate safely the majority of the time. However, there are moments when we drift somewhere between complete safety and potential risk.

If accidents are defined as “unforeseen,” it might seem that simply staying fully aware all the time would prevent them. But that’s the challenge—no one maintains perfect focus every moment of the day. While we often perform at our best, there are times when our awareness slips. Those are the moments when unforeseen events are most likely to occur. The goal, then, is to reduce those lapses in awareness.

One way to do that is by being more intentional about safety. We already have tools in place—such as pre-task planning and Job Hazard Analyses (JHAs)—but taking the next step requires greater diligence and focus. That’s where the **20-20-20 approach** comes in. It’s a mental tool designed to keep us alert and actively looking for hazards we might otherwise overlook.

There’s always a cost to improvement. In this case, the cost of reducing accidents is increased focus and attention. By putting in that effort, we can better anticipate risks and make smarter decisions to stay safe.

Ultimately, safety is personal. Each of us has a reason for wanting to go home unharmed—family, hobbies, passions, or future plans. Whatever your reason is, keep it in mind as you start your work today, and commit to being more intentional about staying safe.

Innovations and Safety Wins

We love hearing about innovative ideas and safety wins. If you’ve come up with an innovation that saves time or improves safety, or if you’ve experienced a safety win in the field, we want to hear about it. Share your ideas by submitting them at www.fsstools.com/suggestionbox.

[Toolbox Talk Submission](#)